

# Alternatives for Getting Kids to School

## Take the Bus



### Benefits of taking the bus:

**It keeps kids more active:** Taking the bus to school involves walking to the bus stop – and for children who are going to be sitting down in lessons for most of the day, movement helps.

**It's sociable :** Riding to school with friends is fun!

**It encourages independence:** Getting on the right bus at the right time with all the supplies that you need for the day teaches children about self-reliance from a young age.

**It's greener:** By taking the bus, your contribution to air pollution is dramatically reduced. Buses emit fewer pollutants per kilometre than all the cars required to transport all the children from one bus.

**It benefits the community:** More children on the bus means fewer cars on the road. This means less traffic, lower emissions, safer roads around the schools.

**It provides economic benefit:** Reduce driving, reduce fuel use and thus save money.

*Check to see if your child/children are qualified for bussing.*



Service de transport des élèves

**Windsor – Essex**

Student Transportation Services

(WESTS)

# Walk or Bike

Walking and bicycling to school enables children to incorporate the regular physical activity they need each day, while also forming healthy habits that can last a lifetime. Regular physical activity helps children build strong bones, muscles and joints, and it decreases the risk of obesity.

In contrast, insufficient physical activity can contribute to chronic diseases, such as diabetes, heart disease, cancer and stroke.



## If you must drive remember

- Follow the rules of the road
- Follow the instructions from crossing guards and school employees
- Park in a legal spot
- Don't idle

The City of Windsor has developed a **MySchoolNeighbourhood** app to help prepare for travels to schools.

This online tool shows drivers the location of bus bays, kiss and rides, crossing guards and more.

If you plan to drive, use this tool to locate legal parking areas around the school and walk your kid from there.



**New!**

Parking Information  
around Schools