

# March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Fitness Lengths 7am-3pm (LC)	2 Fitness Lengths 5:30am-9pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	3 Fitness Lengths 6am-9pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	4 Fitness Lengths 6am-9pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	5 Fitness Lengths 6am-7:30pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	6 Fitness Lengths 5:30am-9pm (LC) Open Adult Swim (Adventure Bay) 8am-10am 1:30pm-3:30pm	7 Fitness Lengths 7am-3pm (LC)
8 Fitness Lengths 7am-3pm (LC)	9 Fitness Lengths 5:30am-9pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	10 Fitness Lengths 6am-9pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	11 Fitness Lengths 6am-9pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	12 Fitness Lengths 6am-7:30pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	13 Fitness Lengths 5:30am-9pm (LC) Open Adult Swim (Adventure Bay) 8am-10am 1:30pm-3:30pm	14 Fitness Lengths 7am-3pm (LC)
15 Fitness Lengths 7am-3pm (LC)	16 Fitness Lengths 5:30am-7:30pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	17 Fitness Lengths 6am-7:30pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	18 Fitness Lengths 6am-7:30pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	19 Fitness Lengths 6am-7:30pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	20 Fitness Lengths 5:30am-7:30pm (LC) Open Adult Swim CANCELLED	21 Fitness Lengths 7am-3pm (LC)
22 Fitness Lengths 7am-3pm (LC)	23 Fitness Lengths 5:30am-9pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	24 Fitness Lengths 6am-9pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	25 Fitness Lengths 6am-9pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	26 Fitness Lengths 6am-7:30pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	27 Fitness Lengths CANCELLED Open Adult Swim CANCELLED	28 Fitness Lengths CANCELLED
29 Fitness Lengths CANCELLED	30 Fitness Lengths 5:30am-9pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	31 Fitness Lengths 6am-9pm (SC) Open Adult Swim 6am-12:30pm 3pm-5pm	March 16-20: March Break, Please note reduced hours for Fitness Lengths March 20: March Break, No Open Adult in Adventure Bay March 27-29: Swim Meet. WIATC Pool Closed			

# WIATC - Lane Swimming Etiquette

Welcome! The aquatic team would like you to have a safe & enjoyable swim. Please take a moment to review the following lane etiquette information.

We appreciate your PATIENCE as EVERYONE becomes (re)acquainted with the pool.

Our most popular (**busy**) times are:

Mon – Fri 6:05 am – 8 am and Mon – Wed 7:30 pm – 9 pm

## Number of Lanes Available

This is a multi-use facility, which means that the pool will often have multiple programs occurring at the same time. We guarantee a minimum of two (2) fit lanes during all advertised Fit Lane Swims. On many occasions there will be between 4 and 10 lanes.

## Finding a Lane

We use “sandwich boards” to allocate pool space and lanes. Please refer to these signs for lane information OR ask one of our friendly Lifeguards.

## Choosing the Correct Lane Speed

***It is important that your lane matches your swimming ability.*** It is also important to remember that swimmers start and finish their swims at different times. You may need to “bump up” or “bump down” a lane depending on the speed at which other swimmers are swimming. **This applies to all swimmers including those who are FAST!** It is very frustrating (and often intimidating) for slower swimmers when quick swimmers are in the Leisure or Slow Lanes. Celebrate your speed if this applies to you and swim in the MED or FAST lanes please!

***Finally... if you have a question, concern, compliment, or complaint PLEASE let us know. Our Lifeguards are great problem solvers and there is always a Pool Coordinator on deck that can assist. Thanks and enjoy your swim!***



***Thank you & Enjoy your swim.***