

ATKINSON

FIT LANES AND AQUAFITNESS SCHEDULE

Monday July 4th, 2022 – Friday September 2nd, 2022

Exception: Civic Holiday (August 1st) – No Aqua fitness or Fit Lanes

FIT LANES

	Monday	Tuesday	Wednesday	Thursday	Friday
Atkinson	11:30-1:00pm	11:30-1:00pm 5:30-7:00pm	11:30-1:00pm	11:30-1:00pm 5:30-7:00pm	11:30-1:00pm

AQUAFITNESS

	Monday	Tuesday	Wednesday	Thursday	Friday
Aquafitness	9:00-9:45am 10:30-11:15am	9:00-9:45am 10:30-11:15am 7:15-8:00pm	9:00-9:45am 10:30-11:15am	9:00-9:45am 10:30-11:15am 7:15-8:00pm	9:00-9:45am 10:30-11:15am
Waterwalking (self-guided)	9:45-10:30am	9:45-10:30am	9:45-10:30am	9:45-10:30am	9:45-10:30am