

Effective Sunday July 2<sup>nd</sup>, 2023 to Sunday September 3<sup>rd</sup>, 2023

**Exceptions – The pool is closed the following dates:**

July 1, 2023 (Canada Day), August 7, 2023 (Civic Holiday)

## FIT LANES AND AQUAFITNESS

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Fit Lanes</b>	7:00-12:00 pm	6:00-8:00 am 11:45-1:00 pm 2:00-2:45 pm (3 lanes) 2:45-4:00 pm 7:45-9:00 pm (4 lanes)	6:00-8:00 am 3:00-4:30 pm	6:00-8:00 am 11:45-1:00 pm 2:00-2:45 pm (3 lanes) 2:45-4:00 pm 7:45-9:00 pm (4 lanes)	6:00-8:00 am 1:00-4:30 pm	6:00-8:00 am 11:45-1:00 pm 2:00-2:45 pm (3 lanes) 2:45-4:00pm 7:30-9:00pm	7:00-12:00 pm
<b>Shallow Aquafit</b>		8:30-9:15 am 9:30-10:15 am 2:00-2:45 pm 7:45-8:30 pm	8:30-9:15 am 9:30-10:15 am	8:30-9:15 am 9:30-10:15 am 2:00-2:45 pm 7:45-8:30 pm	8:30-9:15 am 9:30-10:15 am	8:30-9:15 am 9:30-10:15 am 2:00-2:45 pm	
<b>Deep Aquafit</b>		10:30-11:15am	10:45-11:30 am	10:30-11:15 am	10:45-11:30 am	10:30-11:15 am	
<b>Water Walking</b>		10:30-11:15am		10:30-11:15 am		10:30-11:15 am	

## RECREATION SWIMS

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Family Swim</b>						4:30-7:00 pm	1:00-3:30pm
<b>Preschool Swim</b>			11:00-12:30pm		11:00-12:30pm		

## FEEES

Fit Lanes and Aquafitness	
<b>Drop In</b>	\$6.00
<b>One Month</b>	\$38.30
<b>Three Months</b>	\$109.75
<b>Six Months</b>	\$197.20
<b>Annual</b>	\$346.50

Family Swim	
<b>2 and younger</b>	FREE
<b>Age 3-18</b>	\$3.00
<b>Age 19+</b>	\$4.00
<b>Family</b> (*Min 1 adult, max 2 adults, 6 people total)	\$12.00

Preschool Swim	
<b>All Ages</b>	\$2.25
Preschool Swim is for participants age 5 or younger and their parents or caregivers to accompany them in the water	