

# • HAVE U BEEN SCREENED? •



## NOVEMBER 20<sup>TH</sup> – 24<sup>TH</sup>, 2017

*The Windsor Workplace Wellness Program and STAR Committees will once again be offering **FREE** health screening sessions for City of Windsor employees as part of Employee Appreciation Month.*

### MONDAY, NOVEMBER 20, 2017

**400 City Hall Square, Room 409**

**10:00am – 3:00pm**

- Body Mass Index (BMI) and Waist Circumference Checks
- Glucose and Cholesterol Readings
- Flu Vaccination Clinic
- Interactive wellness activities, healthy living resources and more...

### TUESDAY, NOVEMBER 21, 2017

**Lou Romano Water Reclamation Plant**

**4155 Ojibway Parkway**

**10:00 am – 12:00 pm**

- Body Mass Index (BMI) and Waist Circumference Checks
- Glucose and Cholesterol Readings
- Flu Vaccination Clinic

**Transit Windsor**

**3700 North Service Rd. E.**

**1:00pm – 5:00pm**

- Body Mass Index (BMI) and Waist Circumference Checks
- Glucose and Cholesterol Readings
- Flu Vaccination Clinic
- Interactive wellness activities, healthy living resources and more...

### WEDNESDAY, NOVEMBER 22, 2017

**Windsor Little River Plant**

**9400 Little River Rd**

**9:00am – 11:00am**

- Body Mass Index (BMI) and Waist Circumference Checks
- Glucose and Cholesterol Readings
- Flu Vaccination Clinic

**Huron Lodge (Auditorium)**

**1881 Cabana Rd. W.**

**12:00pm – 5:00pm**

- Body Mass Index (BMI) and Waist Circumference Checks
- Glucose and Cholesterol Readings
- Interactive wellness activities, healthy living resources and more...

### THURSDAY, NOVEMBER 23, 2017

**Windsor Public Library – Central Location**

**850 Ouellette Ave.**

**1:00pm – 3:00pm**

- Body Mass Index (BMI) and Waist Circumference Checks
- Glucose and Cholesterol Readings
- Flu Vaccination Clinic
- Interactive wellness activities, healthy living resources and more...

### FRIDAY, NOVEMBER 24, 2017

**Parks and Recreation Yard**

**2461 McDougall St.**

**10:00am – 1:00pm**

- Body Mass Index (BMI) and Waist Circumference Checks
- Glucose and Cholesterol Readings
- Flu Vaccination Clinic
- Interactive wellness activities, healthy living resources and more...

**Registration is not required. You must bring your Health Card to get a flu shot.**