

Dr. N. Gledhill
Room 356 Norman Bethune College
4700 Keele Street Toronto, Ontario M3J 1P3
Phone and Fax No.: (416) 736-5794
e-mail: fityork@yorku.ca

IMPORTANT INFORMATION FOR FIRE FIGHTER APPLICANTS TO THE CITY OF WINDSOR 2017 RECRUITMENT

Candidates who are successful in passing the written testing for the 2017 Fire Fighter Recruitment, the City of Windsor is providing **two options** for meeting the York University **Fire Fighter Applicant Fitness Assessment** requirement. Applicants must choose ONE of the following TWO options:

1. **Fitness Testing in Windsor, Ontario:** After the results from the July 25 – 28, 2017 written testing in Windsor are available, the City of Windsor will email those candidates who passed both the CPS Entry Fire Fighter Test and the OS-Fire Fighting Test to advise them to email Fitness York (fityork@yorku.ca) to book a Fitness Test. For those candidates who would like to be tested in Windsor, Fitness Testing will be conducted at the WFCU Centre at 8787 McHugh Street on Thursday, September 7, 2017 (and **POSSIBLY** on Wednesday, September 6, 2017 and/or Friday September 8, depending on the number of applicants to be tested). When Fitness York books your test appointment they will provide you with details about the Fitness Testing and documents that you are to complete and bring to the testing.
2. **Fitness Testing at York University, Toronto, Ontario:** After the results from the July 25 – 28, 2017 written testing in Windsor are available, the City of Windsor will email those candidates who passed both the CPS Entry Fire Fighter Test and the OS-Fire Fighting Test to advise them to email Fitness York (fityork@yorku.ca) to book a Fitness Test. For those candidates who would like to be tested at York University in Toronto, Fitness Testing will be conducted on Sunday September 10, 2017 (and **POSSIBLY** on Saturday, September 9, depending on the number of applicants to be tested). When Fitness York books your test appointment they will provide you with details about the Fitness Testing and documents that you are to complete and bring to the testing.

COST: The cost of fitness testing in Windsor or at York University will be \$200.00 (including HST).

Testing Standards: Be advised that the fitness tests and test standards in Windsor are identical to the fitness testing and standards normally conducted at York University with the exception of the assessment of Aerobic Fitness which will be evaluated at the Windsor site using the Twenty Meter Aerobic Shuttle Run rather than the Treadmill Test. However, the aerobic fitness standard applied to the results of both of these test protocols is the same.

N. Gledhill, PhD