



# Summer 2023 Natatorium Pool Schedule



Monday July 3, 2023 to September 3, 2023

## FIT LANES AND AQUAFITNESS

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Fit Lanes (25m)</b>		5:30 am – 8:00 pm	5:30 am – 8:00 pm	5:30 am – 8:00 pm	5:30 am – 8:00 pm		
<b>Fit Lanes (50m)</b>	7 am – 3:00 pm					5:30 am – 8:00 pm	6 am – 2:00 pm
<b>Open Adult</b>		6 am – 11:30 am 2:30 pm – 5 pm	6 am – 11:30 am 2:30 pm – 5 pm	6 am – 11:30 am 2:30 pm – 5 pm	6 am – 11:30 am 2:30 pm – 5 pm		

**\*\*All times below are subject to change based on high performance events. Please refer to the monthly Event Schedule for all service disruptions\*\***

At least 2 lanes will be available during the above hours of operation. Please follow proper lane etiquette and practice circle swimming wherever applicable.

All fit lane times require swimmers to be proficient in fitness swimming techniques. Participants must be able to swim 25m-50m continuously without stopping in the middle of the lane for rest.

## Fitness Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 am – 4:00 pm	6:00 am – 8:00 pm	6:00 am – 8:00 pm	6:00am – 8:00 pm	6:00 am – 8:00 pm	6:00 am – 8:00 pm	7:00 am – 4:00 pm

## Pricing

Drop In	\$6.00
One Month	\$38.30
Three Months	\$109.75
Six Months	\$197.20
Annual	\$346.50

To purchase a membership, please visit [www.activewindsor.ca](http://www.activewindsor.ca) or call (519) 255-1161