

THE CITY OF WINDSOR

OFFICE OF THE MAYOR

DREW DILKENS, DBA MAYOR

PROCLAMATION

"Eating Disorders Awareness Week (EDAW)" February 1-7, 2024

- WHEREAS: Eating Disorders Awareness Week will be from February 1-7, 2024; and,
- WHEREAS: The Bulimia Anorexia Nervosa Association (BANA) is a not-for-profit, registered charity, community-based organization servicing Windsor-Essex County in Ontario, Canada. BANA is committed to the provision of specialized treatment, education and support services for individuals affected directly and indirectly by eating disorders; and,
- WHEREAS: Eating Disorders are the second deadliest mental illness, and they can affect anyone, regardless of age, size, ethnicity, gender identity, sexuality or socio-economic status; and,
- WHEREAS: Stigma, secrecy and stereotypes still surround eating disorders, causing many people who are suffering to refrain from seeking help; and,
- WHEREAS: Open supportive dialogue can help break the shame and silence that affect nearly 1 million Canadians living with diagnosable eating disorders and the millions of others who are struggling with food and weight preoccupation; and,
- WHEREAS: Eating Disorders Awareness Week seeks to raise awareness of eating disorders, shed light on dangerous and pervasive myths, and promote prevention. It is also a time of year for Canadians to learn about available resources and appropriate services for themselves and/or loved ones; and,
- **WHEREAS:** Eating Disorders Awareness Week aims to teach Canadians that eating disorders are not a choice, and that eating disorders are a serious and dangerous mental illness.

THEREFORE: I, Drew Dilkens, Mayor of the City of Windsor, do hereby proclaim

February 1-7, 2024 "Eating Disorders Awareness Week (EDAW) in the City of Windsor. Mayor