



THE CITY OF WINDSOR

OFFICE OF THE MAYOR

DREW DILKENS, DBA
MAYOR

PROCLAMATION

“Canadian Mental Health Association Mental Health Month” May 2023

- WHEREAS:** CMHA Mental Health Month promotes mental health awareness across Windsor and Essex County and offers practical ways to maintain and improve mental health and support recovery from mental health and addictions issues; and,
- WHEREAS:** Increased awareness and understanding of mental health will promote the use of mental health services and supports and ensure Canadians with mental health and addictions issues are afforded the opportunity to recover; and,
- WHEREAS:** There is no health without mental health, CMHA encourages Ontarians to look after their mental health in the same manner they would their physical health; and,
- WHEREAS:** The Canadian Mental Health Association actively supports and encourages good mental health in all aspects of our lives, during CMHA Mental Health Month and throughout the year; and,
- WHEREAS:** Now more than ever, it is important to advocate for mental health for all.
- THEREFORE:** I, Drew Dilkens, Mayor of the City of Windsor, do hereby proclaim

May 2023
“Canadian Mental Health Association Mental Health Month”
in the City of Windsor.



Mayor